

## **Biography for Barb DePree, MD**

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*Interviews are available with Dr. DePree. Please contact Beth A. Parenteau at 847.425.9812 or [beth@middlesexmd.com](mailto:beth@middlesexmd.com) to make arrangements.*

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Dr. Barb DePree, OB/GYN and menopause care specialist, has dedicated her professional life to women's health. She has treated thousands of women during her 20 years of practice and is passionate about meeting the medical needs of women in midlife. Her dedication is evident in her work at Holland Hospital in Holland, Mich., where Dr. DePree developed and serves as director of the Women's Midlife Services, an outpatient program that provides healthcare specific to peri-menopausal and menopausal women.

That same commitment led her to establish MiddlesexMD.com, a free informational website devoted to guiding midlife women through sexual intimacy issues related to peri-menopause and menopause.

A popular community lecturer on women's health issues, Dr. DePree maintains a blog – <http://blog.middlesexmd.com/> – and contributes posts to Vibrant Nation, BestAfter60, Flashfree, OwingPink and MotherU. The media frequently use Dr. DePree as an expert resource for helping midlife women learn the different ways peri-menopause and menopause alter how they experience sex and what they can do about it.

Dr. DePree earned her medical degree from Wayne State University School of Medicine in Detroit, Mich. and her undergraduate degree from Hope College in Holland, Mich. She also holds a master's degree in medical management from Carnegie Mellon University in Pittsburgh, Pa.

Dr. DePree is certified as a menopausal provider through the North American Menopause Society, and is a member of the International Society for the Study of Women's Sexual Health and the American College of Obstetricians and Gynecologists.

Dr. DePree lives with her family in Holland, Mich., where she is an active member of several boards and community outreach programs. These include Holland Hospital's Board of Directors and Patient Care Delivery Committee, the Principal Health PHO Board of Directors, and the Ottagan Addictions Recovery Board of Directors. Dr. DePree also serves as the Medical Director for the Ottawa/Allegan County SANE Program.